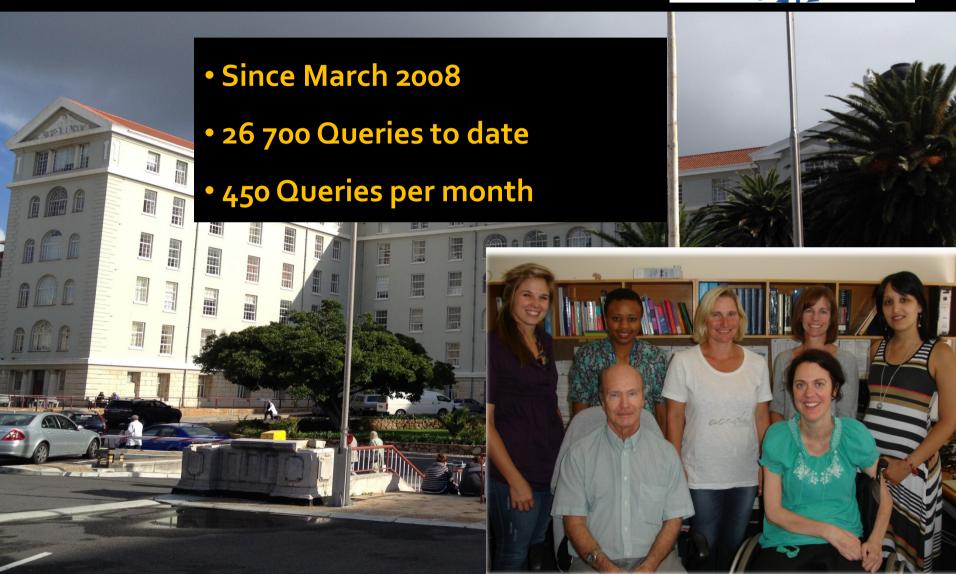
Establishing knowledge gaps of health care workers calling the National HIV & TB Health Care Worker (HCW) Hotline between July 2013 and December 2013

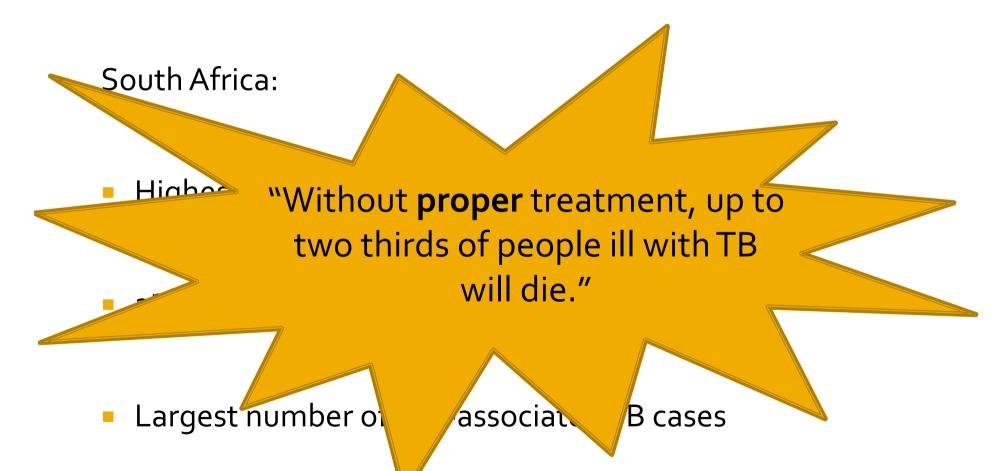
Anri Uys (MSc Pharmacology, BPharm NWU) Medicines Information Centre, Division of Clinical Pharmacology University of Cape Town

Introduction



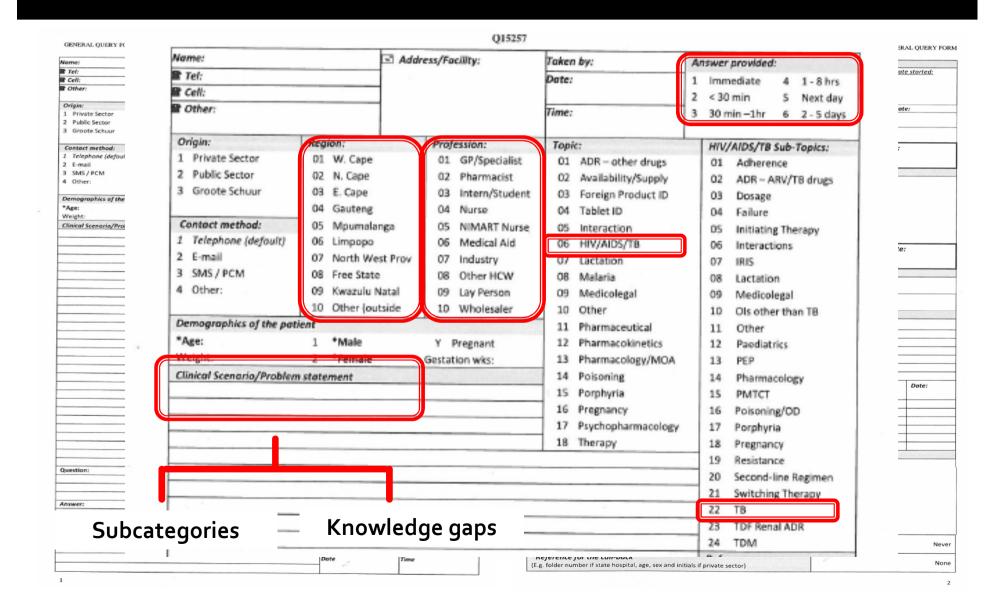


Introduction



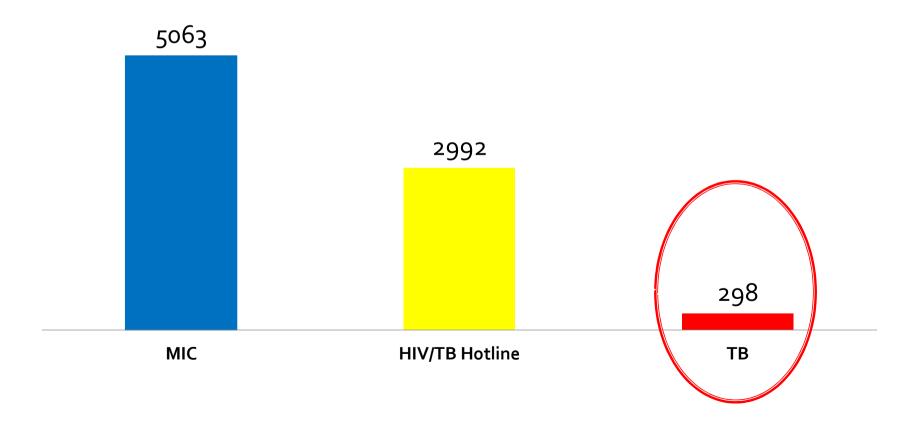
World Health ganization (WHO). Global tuberculosis report 2013. Geneva: WHO; 23 Oct 2013. Available from: http://apps.who.int/iris/bitstream/10665/91355/1/9789241564656_eng.pdf (Accessed on 4 May 2014)

Methods

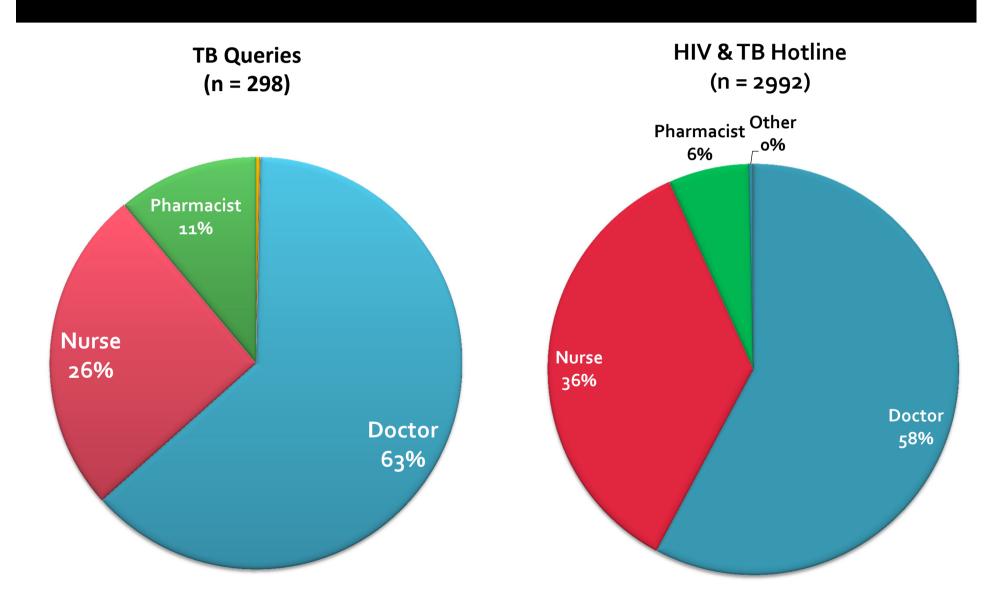


Results

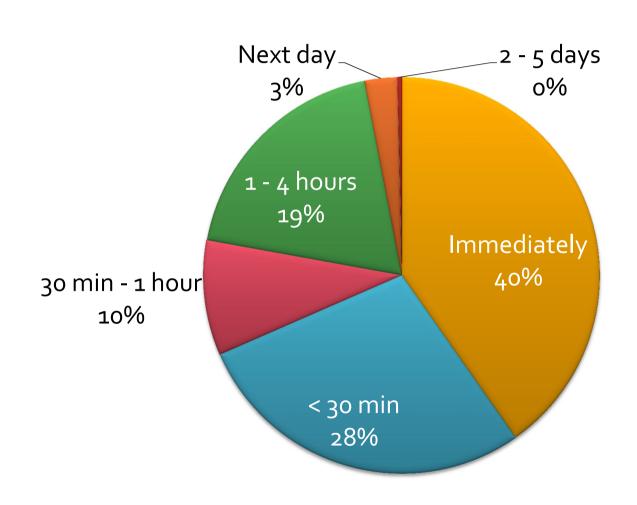
Number of calls – July 2013 to December 2013



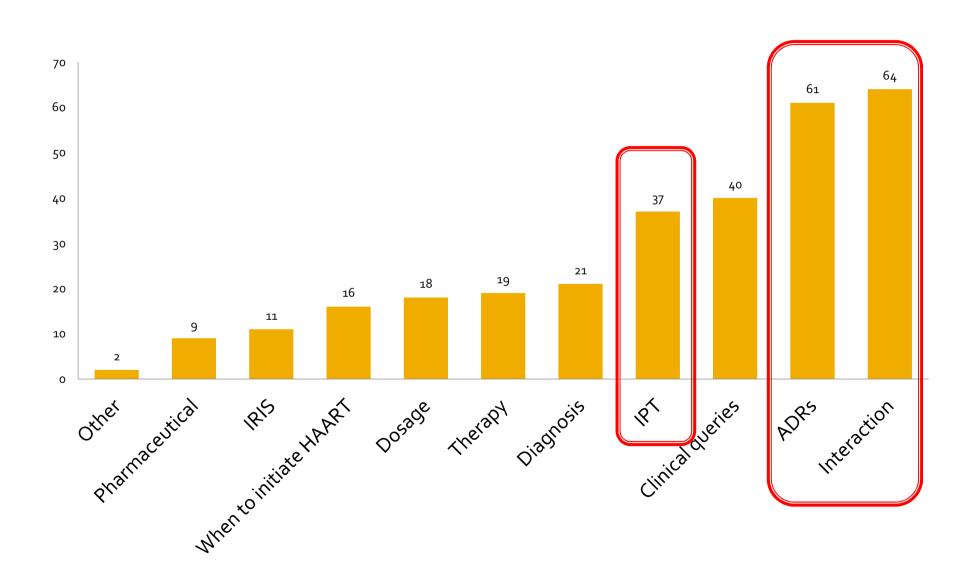
Who phoned us?



Time until answer was provided



Subtopics of queries



Knowledge gaps identified

Question	Total	Doctor	Nurse
ARVs initiated before TB diagnosis	5	2	3
How to handle retreatment cases of TB	6	4	1
How to treat disseminated TB	6	4	2
How to treat MDR/XDR TB	6	5	0
Managing IRIS	8	5	1
When to initiate HAART after TB Rx	12	4	7
Diagnosing TB	13	8	4
Dosing of TB drugs	18	13	2
IPT	34	20	12
Managing ADRs	48	33	11
Drug Interactions	58	36	14
Other	84	54	19

Knowledge Gap - IPT

Knowledge Gap	Total	Doctor	Nurse	
Would a patient who previously had IPT				
get it again?	1	1	0	
Dosing of IPT in children?	2	0	2	
Duration of IPT in children	2	2	0	
Should IPT be initiated if there is no				
Mantoux available?	2	1	1	
Do you give IPT in patients who				
previously had TB?	3	2	1	
IPT - Managing ADRs	4	4		
Should IPT be initiated? (Adults)	10	6	4	
Should IPT be initiated? (Peads)	10	4	4	
Total	34	20	12	

Knowledge gap – Managing ADRs

	Total	Doctor	Nurse
Gynaecomastia	1	1	0
Leg cramps	1	0	1
Liver and Cutaneous	1	1	0
Peripheral Neuropathy	2	1	1
Visual disturbances	3	2	1
Gastrointestinal side effects	4	2	2
Renal impairment	4	3	1
Cutaneous reaction	10	8	1
Liver toxicity	22	15	4
Total	48	33	11

ADR – Cutaneous reaction

	Mild reaction	Severe reaction
Systemic symptoms		\checkmark
Extensive skin involvement		\checkmark
Mucosal involvement		\checkmark
Deranged liver funtions		\checkmark

Treatment:

Mild reaction

- Anti-histamines
- Skin moisturizing
- Observation

Severe reaction

- Hospitalization
- Specialist

Knowledge gap – Managing ADRs

	Total	Doctor	Nurse
Gynaecomastia	1	1	0
Leg cramps	1	0	1
Liver and Cutaneous	1	1	0
Peripheral Neuropathy	2	1	1
Visual problems	3	2	1
Gastrointestinal side effects	4	2	2
Renal impairment	4	3	1
Cutaneous reaction	10	8	1
Liver toxicity	22	15	
Total	48		ALT > 200
Total	40	33	

Western Cape Antimicrobial Guidelines for Tertiary Hospitals, 2013

TB drug hepatotoxicity	TB drug-induced hepatitis is over-diagnosed: the case definition is transaminases more than 5-fold elevated or more than 3-fold elevated with symptoms/jaundice. Antituberculosis therapy should be discontinued. The basis for the TB diagnosis should be reviewed. If the grounds for diagnosing TB were reasonable then commence three antituberculosis drugs with low/no hepatotoxic potential (see background therapy below). Selected patients may then be rechallenged once symptoms of hepatitis have resolved, bilirubin levels return to normal and transaminases have decreased to <100 Rechallenge is NOT recommended for those who have had fulminant hepatitis (defined as hepatic encephalopathy with coagulopathy). The rechallenge regimen of the American Thoracic Society (Am J Respir Crit Care Med 2006;174:935–52) have been followed as these are simple and quick. Rechallenge with PZA was previously not recommended, but a recent trial has shown that most patients tolerate it. PZA rechallenge should be considered in patients with severe TB (e.g. miliary, meningitis) or with drug resistance. ALT should be monitored frequently (e.g. three times weekly) during rechallenge and every two weeks for a month following rechallenge.	
	If possible all patients with a drug induced Do not rechallenge with an agent to which	d liver injury should have their TB isolates sent for drug susceptibility testing.
rechallenge regimen:	Background therapy	Ethambutol, amikacin/kanamycin and moxifloxacin
	day 1	Rifampicin 450 or 600 mg daily depending on weight
	day 3	Check ALT
	day 4-6	Add INH 300mg daily
	day 7	Check ALT
	day 8	Consider PZA rechallenge (see text)

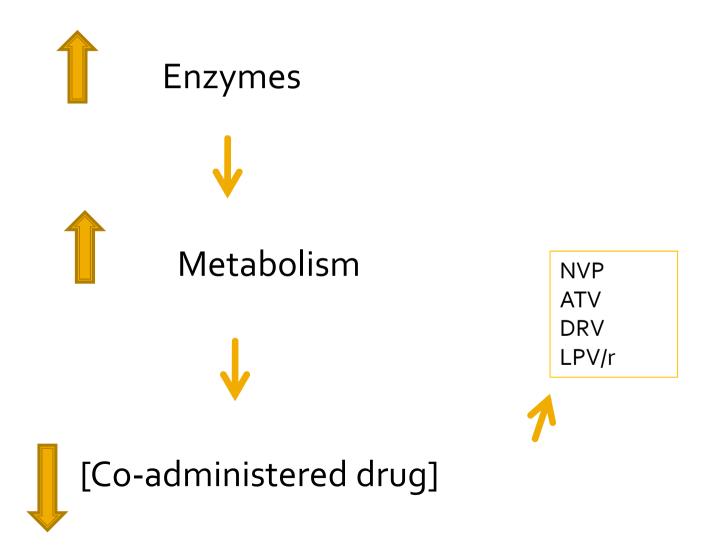
NB: Duration of therapy should be individualised after rechallenge – consult ID for advice. The following are guidelines, which may be modified depending on how far into TB therapy hepatitis occurred:

- Pyrazinamide not rechallenged/not tolerated: stop moxifloxacin and amikacin/kanamycin, continue isoniazid, rifampicin and ethambutol for total duration 9 months
- Rifampicin not tolerated: continue amikacin/kanamycin (for 2 months) and moxifloxacin, isoniazid, and ethambutol for total duration of 18 months
- Isoniazid not tolerated: stop amikacin/kanamycin. Continue moxifloxacin, rifampicin and ethambutol for total duration 12 months
- Difamnicin and isoniazid not tolerated or no rechallenge attempted due to fulminant henatitis: treat with MDD regimen

Knowledge gap – Drug interactions

	Total	Doctor	Nurse
ATV	3	1	0
NVP	4	4	O
FDC (TDF/FTC/EFV)	5	1	2
Other	6	4	1
TDF and aminoglycoside	7	4	2
Aluvia (Lopinavir/Ritonavir)	33	22	8
Total	58	36	14

Rifampicin



Rifampicin + Aluvia

- Initiate TB treatment
- 1st week: Aluvia 2 bd, Monitor ALT
- 2nd week: Aluvia 3 bd, Monitor ALT
- 3rd week: Aluvia 4 bd, continue until 2 weeks
 - after completing TB treatment

Rifampicin + ATV or DRV

CONTRAINDICATED!!

Use: Rifabutin 150 mg on alternate days

Recommendations

Future training needs identified:

IPT

ADR

Drug interactions

Monitoring & Management of Common Adverse Effects of MDR/XDR-TB Treatment

Nausea & Vomiting - Ethionamide, PAS

Counsel patient regarding the high likelihood of this side effect – awareness of the cause and the probability of the symptoms shalling over time may hop the patient to tolerate it 1. Take the medication with an on-fally may be oblige going to bed

- Assess for dehydration and rehydrate if indicated STEP 1 NOT EFFECTIVE:

- Initiate anti-emotics 30 min prior to administering MDR-TB drugs 3 TEP 3 NOT EFFECTIVE: Administer ethionamide in two (250 mg am and 500 mg nocis) or three separate doses NONE OF ABOVE EFFECTIVE:
- Lower dose of offending drug agent
- Discontinue use of offending drug and discuss substitution with an expert

Hearing Loss / Ototoxicity - Streptomycin, Kanamycin, Amikacin, Capreomycin

Monitoring: Audiometry at baseline, monthly during injectable phase and 3 months after completion of the injectable therapy

Management:

Conduct audiconetry and compare with baseline

- is there significant hearing loss? i.e. 20 db or more increase at one frequency; 10db in at least 2 adjacent frequency; or complete loss of response at any frequency?

- is the hearing loss a new change when compared to the baseline or previous audiograms?

It shorms audiomenty socretning lost, refer to tentiary audiology services if possible for diagnostic testing to determine the type of hearing loss i.e. sensori-neural or conductive investigate for other causes of hearing loss (i.e. wax, radio ear infection) and treat appropriately.

It significant sensori-neural hearing loss has occurred after commandering obsolute freatment.

I. Consider reducing the frequency of the drug pactimisation to 3 times per week.

2. Discontinue suspected drug if bearing loss continues to deteriorate on repeated screening, and refer patient to expert for advice or how to tallor regimen.

- Patents with prior exposure to eminophosoics may have baseline hearing loss.
 Patents may develop hearing loss due to other causes with receiving an expectable
 Ammoglocate-based sensors received in hearing loss to be remember and generally informatible. It is also usually bitserial and progressive,
 although the higher fractions forc.
 The most of shader fracting loss shaded be weighted against the risk of stopping the drug in the regimen and potentially compromising the
- The risk of further meaning local should be well place against our and excepting on the risk of further hearing loss channed of case. All post-critique wellfault-conditions impairment should be counseled on the risk of further hearing loss channed consect industry to except before use in my partial. Concentrations can of furcestrible may executable of block of effects of these medications.

Peripheral Neuropathy - Terizidone, High dose INH, Linezolid

Findings occur most commonly in the lower extremities: Sensory disturbances (e.g. numbness, tingling, burning, pain, loss of temperature sensation), difficulty walking, weakness, and decreased or absent deep tendon reflexes

- Indicate principle of the Country of

- in State 1 (New 2 red): EFFECTIVE:

 3. First check electrolysis (in in ejectable drug, Initiate therapy with tricyclic antidepressant drugs, Start with 25 mg/day for one week. If no response, the dose may be increased to 75 mg/day.

 If NCNE OF ASOVE STEPS EFFECTIVE:
- 4. Lower dose of suspected drug
- AS LAST RESORT:

 5. Discontinue suspected drug and discuss substitution with an expert

Palants with co-morbid disease e.g., diabetes. HIV and alcoholess are more likely to develop peripheral neuropatry, but these conditions are not contained assess to the use of the offending TB dugs.
 Timps by possible to re-infloation drug at a late stage at a lower dose if PN pairs resolved, especially if dug is essential in regimen.

Optic Neuritis / Impaired Vision - Ethambutol, Linezolid

Do eye test at baseline and when indicated.
Use Ishihara colour test for retrobulbar neuritis caused by ethambutot, and standard visual acuity tests for optic. neuropathy caused by linezolid Management: 1. Stop agent

2. Refer patient to ophthalmologist

Avoid in partients with impaired vision other than due to near-lightedness, fursightedness or old age (needs reading glasses). Usually reverses with consistor of the drug. Not detectable by fundamental or in the drug.

This service is brought to you as a result of the generous support of the American people through USAID/PEPFAR















Electrolyte Disturbances e.g. hypokalaemia, hypomagnesaemia, hypocalcaemia -Capreomycin (most frequent), Amikacin, Kanamycin, Streptomycin

Monitoring: Do serum potassium and magnesium at least monthly during injectable phase or in patients with significant GI

Management: Look for other causes of hypokalaemia e.g. diamhoea, vomiting, diureties etc.

 Treat associated ventting or diarrhoea.
 Treat associated ventting or diarrhoea.
 Owner on the postessium into the ceits and leads to low serum potassium into the ceits and leads to low serum potassium. Replenish potassium po or IV e.g. oral Slow K 2 tabs BD when K+ < 3.5. Oral potassium supple

relatively well tolerated (do cause some GI effects), are absorbed readily and can be given in fairly high doses safety (therefore more appropriate in outpatient setting). IV supplementation can irritate the veins and is less well

story interested into appropriate in deputing the surject of the story anyway if there is persistent refractory hypotalianmia which is not responding to potassium supplementation.

If Mg** 0.6, supplement with oral Silve Mag (2 – 4 tabs BD), or if <0.4 may consider it Mg\$0, every 4-6 hours. If levels get this low, patient may need admission to inpatient sacility to correct electrolyte levels.

Discontinue arrhythmogenic drugs e.g. discoin, amytriptyline, disapride, and haloperidol, if patient is taking

Discontinue other drugs which may cause electrolyte depletion if possible e.g. salbutamot, diuretics (change to postassium sparing duretics)
5. Discontinue aminoglyoosides if condition is severe i.e. If patient is symptomatic or has seizures and discuss

Renal Toxicity - Capreomycin, Kanamycin, Amikacin, Streptomycin

Do serum creatinine at baseline and monthly during injectable phase and use these values to estimate the creatinine clearance, which indicates degree of renal function/dysfunction. Various formulae can be used. Below find the simplified formula recommended by the South African Renal Society:

(140 - age) x weight (kg) Serum creatinine (µmol/L)

For females multiply by 0.85

consider other causes of renal impairment and other nephrotoxic drugs.

L. & creatinine clearance (GFR) < 30, stop likely offending agent(s) and consult hospital or hotine for further advice. B GFR 30 = 60, reduce doses of renally cleared drugs and monitor clearance closely (e.g. 1 = 2 times a week). It worsening, may need to withdraw injectable, but it stable on reduced dose, could continue with weekly modificing.

Consider

Consider use of capreomycin if patient was on aminoglycoside and if injectable cannot be avoided i.e. if regimen is compromised by too lew effective drugs and no others available

Arthraigia / Arthritis / Osteo-articular Pain - Pyrazinamide, Fluoroquinolones

Initiate therapy with non-steroidal anti-inflammatory drugs initiate physiotherapy where necessary STEPS 1 AND 2 NOT EFFECTIVE:

3. Lower dose of offending drug, if this will not compromise the regimen. Consider intermittent administration of

4. Discontinue offending drug and discuss substitution with expert

Depression - Terizidone

Rule out side effects of concomitant medications or drug or alcohol dependence or hypothyroidism 2. Refer to psychologist or psychiatrist for assessment and treatment

Skin Reactions - Could be several agents

Treatment can be continued if rash is mild, but should be stopped for a severe reaction e.g. blistering, mucosal involvement, fover, and patient referred to hospital for re-introduction

Liver Toxicity / Hepatitis - Pyrazinamide, Ethionamide, PAS, INH, Fluoroguinolones

Monitoring: Screen with ALT every 3 months, and if abnormal, do full LFT

- Management:

 1. If ALT/AST > 5 times the upper limit of normal or more than 3-fold elevated with symptoms or patient is jaundiced, stop all medicines and consult specialist. If patient is unwell, stop treatment, refer to hospital and
- re-introduce agents as inpatient
 2. Rule out other potential causes of hopatitis, such as viral hepatitis, CMV, alcohol use, other medications
 3. After resolution, monitor liver function every 1-2 months
- distory of prior hepatitis should be carefully analysed to determine the most likely causative drug(s); these should be excited in future
- its by remains upon discontinuation of offending drug by remains upon discontinuation of offending drug should be defined course benefits of the plantage of the definition of the definition

Seizures - Terizidone, Fluoroquinolones, High dose INH

Management:

1. Rule out other likely causes e.g. electrolyte disturbances, sub-therapeutic levels of current antieplieptics

- 2. Treat any suspected causes or adjust doses of current antiepileptics. May need to stop terizidone in patients on antiepileptics who experience an increase in seizures
- amonga-puce who expensesce an increase in setzures.

 3. Refer patient to hespital to institute anticonvulsant treatment if not a known epiteptic. Only valgeoic acid/lamortigne can be used in patients on ARVs. Monitor levels as drug interactions are common.

 4. Increase pyriotxhe to 200 mg daily.

Psychosis - Terizidone, High dose INH, Fluoroquinolones, Ethionamide

I. Refer to a psychiatrist for assessment or phone the hotline for assistance
2. Discontinue suspected agent for short period of time (1-4 weeks) while psychotic symptoms are brought under

Some potents will need to confirm antispection to testimat throughout MOTH-TB centimes. Price felowy of specialistic disease in an occativatious to the use of the observing TB drugs, but may increase the Wellhood of development of prochabits properties.

Physical Comprisions are generally invariable upon MOTH-TB treatment completion or discontinuation of the offending agent.

Hypothyroidism - PAS, Ethionamide

Monitoring to the state of the

Management:

1. Exclude other causes, including indine deficiency, medications e.g. lithium, amiodarone, previous radiolodine therapy, pregnancy-associated thyroid dystunction, and Hashimoto's disease.

2. Initiate thyroxine II TSH > 10 I/Umit. Start with 50 mog OD and rapeat TSH in one month. If still >10, increase dose by another 50 mog and repeat again in one month. Continue until TSH invols controlled below 10

Completely reversible upon decominacion of offending drug. The use of PAB and ethionamide in combination is more frequently associated with hypothysicidem than their includual use.

Contact the TOLL-FREE National HIV & TB Health Care Worker Hotline

0800 212 506 / 021 406 6782

Alternatively send an SMS or "Please Call Me" to 071 840 1572 www.hlvhotline.uct.ac.za Suspect an adverse drug reaction in a TB/HIV patient? For advice and/or to report phone 080 1111 452 toll free.

F. Exide NOTE:
What we distribute the does, it seems to the appropriate implig
One of the distribute of the TB drug consument is to in your base of least 4 Marly effective drugs in the regimen jons of them an injurishin for all least the first 5 months; if you
One production of the TB drug consument is to in your base of least 4 Marly effective drugs in the regimen jons of them an injurishin for all least the first 5 months; if you
One production of the TB drug consument is to in your base of least 4 Marly effective drugs in the regimen

	Interaction	Management			
Zidovudine	No interaction reported.	No dosage adjustment required.	714	Interaction	Management
Propafenone			Zidovudine	Limited evidence suggests that zidovudine may lower pyrazinamide	Clinical significance unknown.
Abacavir	No interaction reported.	No dosage adjustment required.		levels.	
Didanosine	No interaction reported.	No dosage adjustment required.	Pyridoxine		
Efavirenz	Efavirenz theoretically can increase or decrease propafenone levels.	Closely monitor response and adjust dose accordingly.	Quetiapine	No interaction reported.	No dosage adjustment required.
Lamivudine/Emtricitabine	No interaction found.	No dosage adjustment required.	Abacavir	No interaction reported.	No dosage adjustment required.
Lopinavir/Atazanavir+ritonavir	Propafenone levels may be increased. In addition, propafenone	Do not coadminister.	Didanosine Efavirenz	No interaction reported.	No dosage adjustment required.
Nevirapine	may increase ritonavir levels.		N. IOVITETIZ	Possible increase or decrease in quetiapine levels.	Monitor response and toxicity.
Nevirapine	Theoretically nevirapine may lower propafenone levels via enzyme induction.	Monitor response and increase dose of propafenone if required.	Lamivudine/Emtricitabine	No interaction reported.	No dosage adjustment required.
Ritonavir	Propafenone levels may be increased. In addition, propafenone may increase ritonavir levels.	Do not coadminister.	Lopinavir/Atazanavir+ritonavir	Theoretically quetiapine levels may be raised due to inhibition of CYP3A4- mediated quetiapine metabolism by protease inhibitors. Serious quetiapine adverse effects have been	
Stavudine	No interaction reported.	No dosage adjustment required.		reported.	
Tenofovir Zidovudine	No interaction reported. No interaction reported.	No dosage adjustment required.	Nevirapine	Possible decrease in quetiapine levels.	Monitor response.
		No dosage adjustment required.	Ritonavir	Theoretically quetiapine levels may	Use with caution and reduce quetiapine
Propranolol				be raised due to inhibition of CYP3A4- mediated quetiapine metabolism by	dosage.
Abacavir	No interaction reported.	No dosage adjustment required.		protease inhibitors. Serious quetiapine adverse effects have been	
Didanosine	No interaction reported.	No dosage adjustment required.		reported.	
Efavirenz	No interaction reported.	No dosage adjustment required.	Stavudine	No interaction reported.	No dosage adjustment required.
Lamivudine/Emtricitabine	No interaction reported.	No dosage adjustment required.	Tenofovir	No interaction reported.	No dosage adjustment required.
Lopinavir/Atazanavir+ritonavir	Ritonavir may increase propranolol levels. Potential for additive PR prolongation.	Clinical monitoring recommended.	Zidovudine	No interaction reported.	No dosage adjustment required.
Nevirapine	No interaction reported.	No dosage adjustment required.		No interaction reported.	No dosage adjustment required.
Ritonavir	Ritonavir may increase propranolol levels. Potential for additive PR prolongation.	Clinical monitoring recommended.	Quinidine Abacavir	No interaction reported.	No dosage adjustment required.
Stavudine		No dosage adjustment required.	Didanosine	No interaction reported.	No dosage adjustment required.
			Efavirenz	Theoretically efavirenz can increase	Monitor response.
Tenofovir		No dosage adjustment required.		or decrease quinidine levels.	
Zidovudine	No interaction reported.	No dosage adjustment required.	Lamivudine/Emtricitabine	No interaction reported.	No dosage adjustment required.
razinamide			Lopinavir/Atazanavir+ritonavir	Coadministration may result in increased quinidine levels and an	Caution is warranted and therapeutic concentration monitoring is.
Abacavir	No interaction reported.	No dosage adjustment required.	and the same of the same	increase of the associated cardiac	recommended when available.
Didanosine	No interaction reported.	No dosage adjustment required.	Mendenrine	adverse effects. Theoretically nevirapine can lower	Monitor manager
Efavirenz	No clinically significant interaction.	No dosage adjustment required.	Nevirapine	quinidine levels.	Monitor response.
Lamivudine/Emtricitabine	No interaction reported.	No dosage adjustment required.	Ritonavir	Effects of quinidine may be	Do not coadminister.
Lopinavir/Atazanavir+ritonavir	No interaction reported.	lo dosage adjustment required.	Staudian	substantially increased. No interaction reported.	No dosage adjustment required.
Nevirapine	No clinically significant interaction.	lo dosage adjustment required.	Stavudine		
Ritonavir	No clinically significant interaction. N	lo dosage adjustment required.	Tenofovir	No interaction reported.	No dosage adjustment required.
Stavudine		o dosage adjustment required.	Zidovudine	No interaction reported.	No dosage adjustment required.
		and the same of th	Quinine		
Tenofovir	No interaction reported.	o dosage adjustment required.	Abacavir	No interaction reported.	No dosage adjustment required.

NATIONAL HIV HCW HOTLINE

Page 50 of 63

NATIONAL HIV HCW HOTLINE

Acknowledgements





